



COVID-19 Student Illness Guide

CORE COVID-19 Symptoms

Fever

Cough

Runny Nose

Sore Throat

Shortness of Breath

1. Keep your child home. Students with these symptoms at school will be sent home.
2. Recommend COVID-19 Testing
-If your child tested negative and has had no known exposure to COVID-19,

he/she is not legally required to isolate; however, AHS recommends he/she stay home from school until feeling better and symptoms resolve.

-If your child tested positive, AHS will contact you. You are legally required to follow their directions regarding isolation and/or quarantine.

3. If parents choose not to have their child tested, the child is legally required to stay home and self isolate for 10 days from the start of the symptoms or until they are gone, whichever is longer.

OTHER COVID-19 Symptoms

Headache, Chills

Painful swallowing

Stuffy Nose

Muscle or joint aches

Feeling unwell, fatigue

Nausea, vomiting, diarrhea

Pink eye

Loss of sense of smell or taste.

1. A COVID-19 test is recommended but not required. Once these symptoms are gone, the child may return to school.

2. Anyone with these OTHER symptoms should stay home and minimize contact with others until symptoms resolve.

3. Students with these OTHER symptoms may be sent home from school, at the discretion of BELA Staff.

Pre-Existing Conditions

Such as: asthma, allergies

1. Students with symptoms related to allergies or a pre-existing medical condition should be tested at least once before returning to school.
2. Students should have a negative COVID-19 test result to confirm the symptoms are not COVID-19 and to

establish a baseline health status. As long as the symptoms do not change or worsen, the child can attend school.

3. Parents should contact the school to ensure their child's pre-existing medical conditions are on file.

Information regarding COVID-19 changes regularly. AHS updates will be reflected in revised versions of this document.